

A Journey into Oneness

*A Soul Journey to Connect to the Ancient Wisdom and Mystical Spirit
of Sacred Egypt*

1st -12th November 2026



Our Intention

To create and hold a loving, supportive, sacred and safe space for every soul to tap into their inner wisdom and deepen their connection to Egypt. This journey is designed to activate the codes of light within you — upgrading your energy, restoring your balance, joy and inner peace during these powerful times of accelerated spiritual growth for humanity.

After journeying with us, you will never be the same.

Together, we will perform rituals, ceremonies and meditations at some of the most powerful sacred sites on Earth.

Day 1 | Sunday, 1st November — ARRIVAL CAIRO *Opening Ceremony*

Individual arrivals at Cairo Airport. You will be warmly welcomed at Immigration by our Egyptian hosts, guided through Immigration procedures and Customs, and transferred to our hotel, Hyatt Centric Cairo West near the pyramids.

At 6pm, we gather for our Opening Ceremony — setting intentions, forming connections, and welcoming each other into sacred space — followed by a welcome dinner at the hotel.

Note: We recommend arriving the day before, or no later than 4pm on the 23rd, to ensure you are settled and present for the Opening Ceremony.

Day 2 | Monday, 2nd November — GIZA PLATEAU Pyramids · The Great Sphinx

With the sunrise we come face to face with some of the most awe-inspiring wonders of the ancient world. The **Pyramids of Giza** and the **Great Sphinx** are not simply monuments, they are encoded mysteries that have captivated humanity for millennia. We take time to touch them, feel them and truly be present with them.



Our guide, a living encyclopedia of Egyptology, will walk us through the fascinating and often controversial theories surrounding these extraordinary structures, bringing centuries of debate and discovery to life before your eyes.

Then comes one of the most extraordinary moments of our entire journey. **The Sphinx enclosure is closed to the general public, but we have arranged exclusive private**

access for our group. We will meditate in silence between the great paws of the Sphinx in a truly once in a lifetime experience. Some say the Sphinx is far more than a statue, that it holds an ancient consciousness within it. You will be guided to relax, open and tune into this energy, and to see whether you can touch the wisdom that has been held here for thousands of years. The Great Sphinx stretches 57 metres in length, its human face gazing eternally toward the rising sun.

We have also arranged **private time in the King's Chamber** of the Great Pyramid, a privilege beyond measure. Normal tourists are permitted only a very brief visit, making our extended, private time here truly exceptional. Over the ages, countless spiritual initiates have spoken of how the energy within this sacred chamber can raise one's vibration and catalyse spontaneous spiritual experience

In the afternoon we will visit the magnificent **Grand Egyptian Museum**, the world's largest museum dedicated to a single civilisation. Showcasing over 50,000 artefacts including the complete **Tutankhamun collection**, the museum welcomes visitors with its monumental statue of **Ramses II** standing in the grand atrium. With its striking modern architecture and direct views of the Pyramids, it offers an immersive journey through more than 5,000 years of history, from prehistoric times to the Greco-Roman period.

Day 3 | Tuesday, 3 November — CAIRO › ASWAN › PHILAE ISIS Temple & ABU SIMBEL Temples



We gather early for breakfast before making our way to the domestic airport for our flight south to Aswan.

Upon arrival, we visit the breathtaking **Philae Temple** — the *Pearl of Egypt* — dedicated to **Isis**, the great Mother Goddess of Love and Magic, and to **Horus the Child**. We arrive ahead of the crowds, allowing us to sink into the stillness of this sacred space. Spiritually, Isis carries the vibration of compassion, forgiveness and wisdom, making this the perfect place to reconnect with your heart.

From Aswan, we continue our journey to **Abu Simbel**, to visit the two most majestic temples in all of Egypt. The great temple is dedicated to the gods **Amun Ra, Ra Horakhty and Ptah**, alongside the divine pharaoh **Ramses II**. The companion temple honours the solar goddess **Hathor** and Ramses II's beloved queen, **Nefertari**.

Together, these temples pulse with the creative, life-giving energies of the sun — the great temple celebrating the masculine forces of creation, and the Nefertari temple the radiant feminine. Originally carved into the riverbank, both were heroically relocated before the flooding of the Nile created **Lake Nasser**.

As evening falls, the **sound and light show** at this magnificent site is truly breathtaking — a moment to attune to the ancient frequencies and raise our own consciousness.

Overnight at the Seti Abu Simbel Lake Resort



Day 4 | Wednesday 4 November — SUNRISE AT ABU SIMBEL › NILE CRUISE
Dahabeya

We rise before dawn for one of the most sacred moments of our journey: **sunrise at Abu Simbel**. As the first light touches the temples, we gather in stillness and ceremony, welcoming the sun just as the ancient Egyptians did for thousands of years.

In the afternoon, we make our way to embark on our **private Dahabiya**, our floating home for the next four days. Sailing the Nile on a Dahabiya is a world apart from the larger tourist cruise ships; intimate, unhurried and entirely our own. This beautiful vessel becomes a sanctuary, a space for our guides and hosts to share teachings, for meditation, for deep inner reflection and integration.

Between visits to temples dating back millennia, we will meditate beneath the vast African sky, perform ceremonies and move in and out of sacred silence. Lunches and dinners will be served at carefully chosen spots along the river, as the timeless landscape of the Nile drifts by.



Day 5 | Thursday, 5 November — KOM OMBO › SAILING THE NILE *Twin Temples · Private Island Dinner*

We begin the day at **Kom Ombo**, home to the remarkable twin temples dedicated to **Sobek**, the crocodile god, and **Horus the Elder**, the hawk god. Construction here unfolded over roughly four hundred years, and beyond the main temple complex you will find a house of birth and a shrine to Hathor, both dating to Roman times.

This is a powerful day for inner reflection. Sobek invites us to face our fears with courage, while Horus the Elder calls us toward wisdom. Together they mirror our own inner

duality, and the eternal work of integrating light and darkness, fear and love, feminine and masculine into the sacred chambers of the heart.

As the afternoon unfolds, we set sail toward our private island, **Al Fouza**, where we disembark for a magical candlelit Arabic dinner served on the edge of the Nile beneath the open sky.



Day 6 | Friday, 6 November — EDFU TEMPLE *Temple of Horus · Meditation & Integration*



We arrive at the majestic **Temple of Horus at Edfu**, one of the best preserved temples in all of Egypt. This grand sanctuary is dedicated to **Horus**, son of Isis and Osiris, in his aspect as the warrior who triumphed over **Seth**, god of chaos and destruction.

Symbolically, this is a place of personal victory. A reminder that we too can overcome our own base nature, conquer our fears and rise into a higher vibration. We take time here to gather our thoughts, set our intentions and absorb the powerful energy of this sacred site.

The afternoon is given over to peaceful sailing on the Nile, with space for meditation, quiet reflection and integration.

Sailing the Nile · Overnight aboard the Dahabiya

Day 7 | Saturday, 7 November — ESNA Esna Temple · Optional Hot Air Balloon

For those who wish, the day begins with an extraordinary **optional hot air balloon ride** over the Valley of the Kings before sunrise. Floating above one of the most sacred landscapes on Earth as dawn breaks is an experience unlike any other.

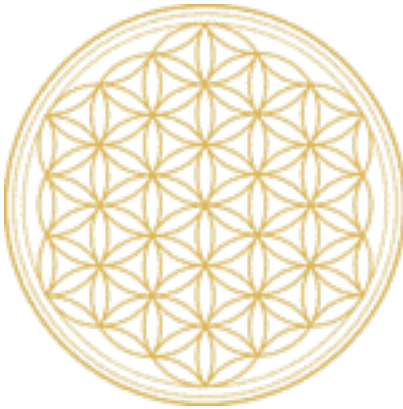
After breakfast, we visit the intimate **Esna Temple**, dedicated to **Khnem**, the creator god who fashions souls from clay on his potter's wheel. This is a place to connect with the primordial forces of creation and the very breath of life within you.

The afternoon is yours to relax and simply be, carried along in the deep peace of the Nile.

Sailing the Nile · Overnight aboard the Dahabiya



Day 8 | Sunday, 8 November — ABYDOS › DENDERA *Temple of Seti · The Osireion · Hathor Temple*



After breakfast we disembark from our beloved Nile home and gather for our convoy to **Abydos**, one of the most spiritually charged destinations in all of Egypt.

No journey to Egypt is complete without visiting the **Temple of Seti**, which houses seven sanctuaries including one dedicated to **Osiris**, the god of death and rebirth. This is a place of profound mystery and transformation, where the ancient cycles of endings and new beginnings are written into every wall.

Just outside the temple lies the **Osireion**, one of the oldest sacred sites in Egypt, said by some to date back to Atlantean times. We observe this spellbinding place from above, our hearts opening to receive the blessings held here across thousands of years. The Osireion is the only site in Egypt that bears the sacred geometry of the **Flower of Life**, making it one of the most extraordinary places on our entire journey.

In the afternoon we continue to **Dendera**, home to one of the most breathtaking temple complexes in Egypt. The **Temple of Hathor**, the *Golden One*, is among the best preserved in the country. Hathor embodies the divine feminine in her fullest expression, goddess of dance, music, beauty, love and joy. A perfect place to open the heart and let it sing.



Among the beautifully restored hieroglyphs, look out for the replica of the famous



Dendera Zodiac, one of the earliest known depictions of the zodiac ever recorded. The original is now housed in the Louvre in Paris. This remarkable artefact points to the very origins of astrology and the ancient Egyptians' extraordinary knowledge of our solar system.

After sunset we travel to **Luxor** and check in at the **Iberotel**, conveniently located in the heart of town within walking distance of everything.

Day 9 | Monday, 9 November — KARNAK TEMPLE COMPLEX *The World's Largest Temple*

We rise early for a visit to the awe-inspiring **Karnak Temple Complex**, one of the most important sacred sites in the ancient world. Even now, the sheer power of this place can be felt the moment you step inside. As the largest temple complex ever built, Karnak stands as a testament to ancient Egypt's most ambitious and extraordinary vision, with layer upon layer of construction revealing advanced knowledge and technology that still leaves scholars in wonder.

Within the complex we will explore the **Chapel of Sekhmet**, the fierce and powerful Lioness goddess, the **Temple of Khonsu**, the **Temple of Thoth**, the **Temple of Opet** (Mother of Osiris), and the sacred **Seven Gates and Seven Ankhs**, each carrying their own profound energetic significance.

The afternoon is yours to continue exploring this magnificent complex at your own pace, wandering its vast halls and discovering its secrets, while sampling the flavours of local Luxor cuisine.

In the evening we gather for a **delicious local dinner** with views over the temples as the sun goes down.



Day 10 | Tuesday, 10 November— LUXOR TEMPLE › Temple of Man ·

Visit to the magnificent **Luxor Temple**, known as the *Temple of Man*, representing the perfected human in all its divine potential. This sacred sanctuary was the great house of the gods and the earthly home of **Amon-Ra**, and its walls carry the imprints of generation after generation of pharaohs, each one drawn to leave their mark on Egypt's most revered spiritual heart.

After a well deserved lunch, you will have the afternoon free for shopping and or wonder Luxor on your own



Day 11 | Wednesday, 11 November — WEST BANK LUXOR - 11:11 PORTAL OF LIGHT Activation Ceremony & KHAN EL KHALILI · Historic Souk - Return to Cairo

We begin the morning at the magnificent Hatshepsut Temple. There are moments in time when the veils become thin... and the soul remembers. This 11/11, we invite you to cross a sacred threshold, to gather beneath the eternal sky to activate together the **11:11** codes of light - a call to expand consciousness, to align with our true essence, and to awaken the heart. This will be a unique, deep, and transformative ceremony, guided with intention, presence, and reverence, where we honor ancient wisdom and open space for new frequencies of light. This is not just a journey...it is a meeting with your essence, a remembrance of who you are and why you are here. The Time is NOW 11:11

We close our sacred journey together with our **Closing Ceremony**, at this site, honouring everything we have experienced, integrated and become.

After a well deserved lunch, we make our way to the airport for our flight back to **Cairo**.

In the evening we step into another world entirely at **Khan el Khalili**, Cairo's most famous souk and one of the oldest markets in the world, dating back to the 14th century. Its winding alleys are alive with spices, jewellery, textiles, handmade crafts and traditional Egyptian goods, while historic cafés offer a taste of local life and culture. A feast for all the senses and a perfect final evening in Cairo.

Overnight at either the Steigenberger El Tahrir hotel in Downtown or Le Meridian - Airport Hotel - depending on your departure time the next day.

Day 12 | Thursday, 12 November — DEPARTURE Farewell & Safe Travels

The time has come to say farewell to our beautiful soul family, the new friends and kindred spirits gathered from all over the world. You will be accompanied to the airport and assisted with check-in and Immigration.

Note:

For those who wish to extend their stay, we are happy to arrange additional days in Cairo:

- *One extra day (12 November): Optional visit to the Pyramids of Saqqara*

For any enquiry or Further Information contact:

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We feel truly guided by Spirit, by Egypt's beloved gods and goddesses, and we allow these fun-loving beings to lead every step of this journey with magic, love and wisdom. Travelling with groups of spiritual pilgrims is our way of healing the planet and experiencing the most fulfilling days of our lives, because we know that every turn of this journey will hold one awe-inspiring experience after another."

With Love, Sandra & Cristina, in collaboration with the Highest Council of Light & Spirit

Meet Your Egypt Hosts and Facilitators



Sandra Gonzalez is an internationally revered healer, spiritual teacher and Sacred Journeys tour leader. With over 30 years of experience, she has a rare gift for guiding people through profound transformations in a deeply loving and nurturing way. One of Sandra's greatest talents is her ability to respond spontaneously in the moment to whatever is most needed for healing and the highest good. Deeply intuitive and wholeheartedly committed to service, Sandra will draw on her own personal connection to ancient Egypt throughout this journey to inspire, uplift and facilitate accelerated spiritual growth with joy and love.



Cristina Formenius — twelve years ago, during her first visit to Egypt, Cristina had a profound experience that changed her life forever. She spontaneously began to perceive her past lives in Egypt and gained a deeper awareness of her purpose. With these newfound gifts, her life became richer, more fulfilling and more joyful. Since then, she has dedicated a vast part of her time to unconditionally supporting others on the same path, offering her loving, caring and healing gifts with great generosity. Cristina is deeply versed in ancient Egyptian history and in Egyptian tantric sacred rituals.



Youssif Amin Egyptologist Tour Guide

With 21 years of experience as an Egyptologist tour guide, I'm passionate about sharing the beauty, history, and culture of my beloved Egypt with travelers from around the world. From the majestic pyramids to the timeless temples of Luxor and the magic of the Nile, I love turning every journey into an unforgettable experience.